



Mission

The mission of the Northeast Iowa Food Bank is to provide nutritious food and grocery products to nonprofit organizations and individuals in Northeast Iowa, while offering hunger education programs to the community and those in need.

Serving the Counties of:

Allamakee
Black Hawk
Bremer
Buchanan
Butler
Chickasaw
Clayton
Delaware
Fayette
Floyd
Grundy
Howard
Mitchell
Poweshiek
Tama
Winneshiek

Vision

The Northeast Iowa Food Bank envisions a community in which hunger is alleviated and all persons have adequate access to nutritional food. We will strive to accomplish our mission so that food security is ultimately achieved for all households.

Northeast Iowa Food Bank & Waterloo Schools Offer Summer Feeding for Children

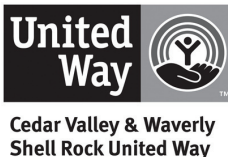
The Northeast Iowa Food Bank is partnering with the Waterloo Community School District to deliver summer meals to children in need. The Food Bank and Waterloo Schools will be delivering daily meals and weekend meal sacks to 14 different locations throughout the summer. The program began on Monday, June 13th and will continue until Friday, July 29th, excluding Monday, July 4th.

In addition, the Northeast Iowa Food Bank hosted Kids Cafe at The Salvation Army during the first two weeks of the summer. Kids Cafe, is a year-round program administered by the Food Bank which offers meals and snacks to children as well as a safe-haven after school and throughout the day in the summer months. The Kids Cafe program will also run during the first two weeks of August when school is still out and the Summer Feeding program is not in session.

Backpacks are distributed weekly to children participating in the Summer Feeding program as well. The Backpack Program is another ongoing kid's program of the Northeast Iowa Food Bank. The program serves 75 sites throughout northeast Iowa. Each month over 2,700 children receive backpacks of food, through their school and the Food Bank.

"Many children rely on their school to provide them with nutritious meals during the day. For some, a school breakfast and/or lunch may be the only meal they see during the day, or it may be the only *nutritious* meal that they see. The Northeast Iowa Food Bank and the Waterloo Schools are working to provide these meals when school is out," commented Karen Erickson, Director of Programs for the Northeast Iowa Food Bank. Currently, the Free and Reduced Rate in Waterloo sits at 67.8%.

For specific times and locations of the Summer Feeding program, contact the Northeast Iowa Food Bank at 319-235-0507.



From the Director, Barbara Prather

Staff

Barbara Prather
Executive Director

Amy Dutton
Director of Operations

Mike Lind
Director of External Relations

Jeff Roberts
Director of Warehouse

Karen Erickson
Director of Programs

Kristin Babic
Food Room Coordinator

Gary Bachman
Warehouse Driver

Patrick Bird
Volunteer Coordinator

Jim Blough
Warehouse Driver

Verle Buck
Warehouse

Kathy Cantrell
Assistant Kids Cafe Cook

Ben Carlson
Agency Program Coordinator

Jim Flood
Warehouse Supervisor

Sheri Huber-Otting
Food Solicitor

Ruth Orth
Accounting Assistant

Caren Rhoads
Custodian

Janet Roberts
Intake Specialist

Alisha Rulapaugh
Administrative Assistant

Audrey Sallis
Kids Cafe Cook

Jill Sullivan
Salvage Coordinator

Freddie Williams
Agency Shopping Assistant

Roger Wilson
Community Programs Coordinator


Bill Winkler
Perishable Pick Up Driver

Christie Zeien
Customer Service Representative

In 2000, the Northeast Iowa Food Bank distributed just over 2.4 million pounds of food to organizations and individuals in northeast Iowa. So far this fiscal year, through the end of May, we have distributed just over 4.5 million pounds of food to organizations and individuals. At the same time, the Cedar Valley Food Pantry has increased its distribution from just over 500 households, in 2000, to over 1,200 households every month, this year. In the past 10 years, we have also started and expanded programs to serve more people.

What has changed? The economy, the disasters we have experienced, increased fuel prices and increased food prices - to name a few. In a recent study released, 40% of the people in northeast Iowa, who according to USDA are food insecure, do not qualify for any government benefits. So where are they turning to? - food pantries, community meal programs and shelters. In the past couple of years we have benefited from receiving USDA commodities, among many other donations. Resources from the Government are not necessarily going to be there in the coming years. So how are we going to handle the need that is right here in northeast Iowa?

Your generosity has helped us through this trying time and we are now again asking you to help us. For the past three years we have been raising money to build a new facility. This facility is not about building a building so it looks nice. It is about setting a table...so we don't have to turn away food. Recently, we were offered 57 pallets of eggs. All but four had to be turned away, because we didn't have space. We also had to hunt for extra warehouse space, earlier this year, because a large donation of really good product was available but we didn't have the space to take it. Your help is needed, so we don't have to turn away food that many people in northeast Iowa need.

I encourage you to visit our website, www.northeastiowafoodbank.org, to find out more about our Capital Campaign and why you should become involved. 



Our Wish List clip. keep. donate.

Elderly Nutrition Program

- canned meat (tuna, chicken)
- boxed meals
- canned fruits
- rice
- instant potatoes
- snack packs (sugar free)

Kids Cafe

- crayons/markers
- coloring books
- poster board
- glue sticks/white glue
- disposable cups
- kid-friendly books (about food)
- tin foil

BackPack Program

- microwavable meal cups
- single-serve dried fruits & nuts
- peanut butter
- small pop top cans of fruits & vegetables
- single-serve canned tuna
- snack packs (sugar free)

Northeast Iowa Food Bank

- toilet paper
- bar soap
- shampoo
- peanut butter
- crackers


Capital Campaign Update: Northeast Iowa Food Bank Receives \$10,000 Grant from The UPS Foundation

The Northeast Iowa Food Bank received a \$10,000 grant from The UPS Foundation, the charitable arm of the UPS (NYSE:UPS). The grant will be used toward the Food Bank's Capital Campaign to build a new facility.

Established in 1951 and based in Atlanta, Georgia, The UPS Foundation identifies specific areas where its backing clearly impacts social issues. In support of this strategic approach, The UPS Foundation has identified the following focus areas for giving: nonprofit effectiveness, economic & global literacy, encouraging diversity, community safety and environmental sustainability.

In 2010, The UPS Foundation distributed more than \$44.6 million worldwide through grants that benefit organizations or programs, such as the Northeast Iowa Food Bank, that provide support for building stronger communities.

“This support from The UPS Foundation comes at just the right time. We are working through a final fundraising push and have continued to move forward with the new building design and logistics. This project will be a very valuable addition to the community,” commented Barbara Prather, Executive Director of the Northeast Iowa Food Bank.

To learn more about the Food Bank's Capital Campaign, visit www.northeastiowafoodbank.org. The website features an option to donate online, view a video and a further description of the project. 

New Donors to the Campaign Since the Spring Newsletter:

\$10,000 and above

The UPS Foundation

Up to \$999

Bethlehem Lutheran Church

Carl & Wanda Wehner

Steve Maley



Ground Breaking

Mark your calendars for the Northeast Iowa Food Bank's Ground Breaking Ceremony on Saturday, September 17, 2011 from 11:00 a.m. - 1 p.m. The event will take place at the Food Bank's new site.


Please contact the Food Bank at 319-235-0507 with questions.

Volunteer Needs Continue During the Summer Months

The Northeast Iowa Food Bank relies heavily on volunteers to staff special events, administer programs and help with the day-to-day needs within the warehouse. Last year, over 3,100 volunteers donated more than 41,000 hours of work to the Food Bank.

This high volume of service is needed year-round as programs continue to evolve and distribution rises from year to year. With this great support of volunteer services come challenges, specifically coordinating such a large group of volunteers. For this reason, Volunteer Coordinator, Patrick Bird offers a large variety of volunteer opportunities, but also asks that potential volunteers plan and schedule their time beforehand.

“Volunteers make the Food Bank go and they are always needed. At the same time, we encourage individuals and groups to schedule their visits in advance to allow for the best experience for everyone involved,” commented Bird.

For more information about volunteer opportunities or to schedule a volunteer time and date, contact Patrick Bird at 319-235-0507 or email pbird@feedingamerica.org. 

How Your Donations Make a Difference

Food Bank Uses Online Tools to Connect With Donors and Clients

The Northeast Iowa Food Bank utilizes a great deal of online marketing tools including a bi-weekly email and a website, as well as Facebook and Twitter pages to connect with supporters. The primary uses for these tools are to inform the general public of events, fundraisers, food drives and other ways to help the Food Bank and our clients.

Facebook and Twitter offer an even more extensive interaction with followers by allowing the ability to respond and comment on updates provided by the Food Bank.

Recently, the Food Bank found this interaction from a client, who had recently received help from the Cedar Valley Food Pantry. The client posted the following to the Northeast Iowa Food Bank's Facebook page:

“I lost my job last week, went to the Food Bank this morning and was impressed with the speed of the assistance provided by the staff. The kindness and generosity is greatly appreciated. Thank you to the staff and all those who support the work they do!”

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This communication shows that these marketing tools are valuable not only to donors, but also clients who utilize the services offered by the Northeast Iowa Food Bank.

Northeast Iowa Food Bank Helps with Easter Egg Hunt

Every year, House of Hope, in Waterloo, hosts an Easter Egg hunt for local families. The event includes pictures with the Easter Bunny, a hunt and Easter baskets for all. In 2011, House of Hope prepared nearly 60 baskets which included items such as new clothing, candy, books, toys and toothbrushes, among other items. Despite several months of planning and gathering, the organization still needed the help of the Northeast Iowa Food Bank to fill the baskets.

Mary Schmitt, Executive Director of House of Hope stated, “Your staff is beyond amazing on any given day, but they were even more amazing when assisting us with our gathering



of items by letting us know what was available and taking the time to answer questions or share ideas. They treated our families like they were their own and we cannot thank all of you enough!”

House of Hope is just one of roughly 200 nonprofit agencies that the Northeast Iowa Food Bank works with to provide food assistance to low income individuals and families.

Focus on Food is a quarterly publication of the Northeast Iowa Food Bank and is partially underwritten by Pioneer Graphics. For more information, please contact Mike Lind at (319) 235-0507 ext. 106 or by email at mlind@feedingamerica.org

The Northeast Iowa Food Bank Serves More Than Just Pantries

The Northeast Iowa Food Bank supplies roughly 200 nonprofit agencies with a variety of nonperishable and fresh foods. Many of the agencies we serve are pantries, however, the Food Bank also partners with a variety of other nonprofit organizations to provide food to those in need.

The Executive Director of a transitional house that we serve recently explained that many residents in the facility come from a treatment center or jail. They have no food and most have not yet applied for food stamps. The Northeast Iowa Food Bank not only provides food for the house but also provides an opportunity for residents to prepare their own meals in becoming independent once again.

The fresh foods offered by the Food Bank have also shown residents the importance of eating healthy meals. As this Executive Director states, “We cannot say enough about how the fresh foods programs benefit our residents!”

To get involved, call 319-235-0507 or visit the Food Bank’s website at www.northeastiowafoodbank.org. The site includes a section dedicated to clients who need help as well as other valuable information for supporters. 🌿



Food Drives

- | | | |
|-------------------------------------|--|---|
| Advanced Heat Treat Corp
AEA 267 | Family Health Chiropractic
Fed Ex Express | The Isle Casino & Hotel of Waterloo
The Southwestern Company UNI |
| Alpha Phi Omega-Beta Epsilon | Grace Baptist-Pulse Student Ministries | UNI Alumni Association-CATS |
| Bethlehem Lutheran Church | H&R Block | UNI Entrepreneurs Club |
| BH Co. Country View Care Facility | Happy Thought Rebekah Lodge #256 | UNI Noehren Hall |
| Catholic Order of Foresters | ISU-Black Hawk County Office | UNI Non Traditional Students |
| Cedar Falls Public Library | Olivia Jordan | UNI Student Athlete Advisory Comm. |
| Cedar Heights Baptist Youth Group | Kaplan University | VGM Homelink |
| Cedar Valley SHRM | Lou Henry Elementary School | Waverly Health Center |
| Cedar Valley Twestival | McGregor’s Furniture | Wilson Family Chiropractic Center |
| Comm. United ChildCare-Valley Park | Old Home Bakery | |
| Comm. United ChildCare-Nordic | Peet Junior High | |
| Comm. United Childcare-Westridge | Phi Theta Kappa | |
| CSP Music Group | Price Laboratory School | |
| Curves | Chad, Elizabeth & Matthew Swanson | |
| East High Leadership Class | The Hub | |

For more information about hosting a food drive for the Northeast Iowa Food Bank, contact Sheri Huber-Otting at 319-235-0507.

Board of Directors

Kirsten Arnold

David Braton

Kevin Evans

Bill Havlovic, Treasurer

Barbara Kramer

Nancy Louthan

Akela McDonald, Secretary

Mark McGarvey, Chair

Jeanne Miller, Vice Chair

Todd Pederson

Todd Rohlfen

Amy Schares

Reggie Schmitt

Kevin Sonnenberg

Ron Van Der Meide

Craig White

Sheila Wilson

Ex Officio

Jon Crews,
Mayor of Cedar Falls

Carolyn Cole,
The VGM Group

Donor Spotlight:

Target Fresh Distribution Center

Target Fresh Distribution Center in Cedar Falls has been donating to the Northeast Iowa Food Bank since 2009. Our trucks pick up twice a week at the distribution center. The many frozen and fresh produce items that we receive give the Food Bank a greater ability to serve approximately 200 agencies (40,000 individuals) with nutritious foods.

A staff member at a local pantry recently commented, "Our clients really enjoy fresh produce. Without donated product, individuals and families in Northeast Iowa would not be able to afford these items on a limited income."

The Northeast Iowa Food Bank looks forward to a long lasting partnership with the Target Fresh Distribution Center to help feed families in need.

Be sure to check out future newsletters to hear about the many retail store partners of the Northeast Iowa Food Bank.

Staff Updates

We are pleased to announce the hiring of Alisha Rulapaugh for the position of Administrative Assistant at the Northeast Iowa Food Bank. Among many other duties, Alisha will greet clients, donors and volunteers of the Food Bank and also answer all phone calls, while scheduling Pantry appointments. Alisha received her Bachelor's Degree in Family Life Ministry in 2010 and came to us from a large doctor's office in the Omaha metro area. She has also worked at Nebraska Christian College in the admissions and athletic departments. Rulapaugh is married and resides in Waverly, Iowa.

Memorials & Honorariums

In Memory of:

Ruth Koenigsfeld

from Louis Koenigsfeld

Gerald Todd

from Mark J. Oltrogge

from Barry R. & Kris J. Kamm

from Darrell R. Todd

Donald J. Schares

from Julia Schares

Junior Schneider

from Beverly Schneider

Expo High School

from C. Kevin & Beth M. McCrindle

Bob Martens

from Maxine M. Martens

Michael Roseberry

from Marilyn J. Roseberry

Marlys Nieman

from Richard Nieman

Uncle Charlie Alter

from M.A. Toonen

Wayne A. Smith

from James & Sharon Meggison

Esther Winning

from Sandra L. Derifield

Charles J. Cox, Jr.

from Barbara J. Cox

Michael L. Olson

from Beatrice Wilson

Jerry Todd

from Kenneth & Gloria Sue Schatz

Parents, Brother & Sisters

from Miss Hilda Fedeler

John DeSotel

from Philip R. & Kristi R. Brandt

Mark & Mary Wagner

Wm & Marguerite Curran

from Patrick & Mary Sharon Curran

Francis Smock

from Raymond L. Winters

Bob Delagardelle

from Patricia Delagardelle

James P. O'Hara

from Kevin & Deborah O'Hara

Tracey & Linda Lewis

from Opal I. Hanna

Dema Hall

from Anonymous Donor

from Sharon Shay Olsen

Continued...

Romona & Richard Rahlf
from Kathleen Ann Rahlf

Marvin H. Cue
from Roberta J. Cue

Robert R. Dufel
from Shirley Dufel

Ruth & Howard Hall
from John & Kate Hall

Robert & Hannah Fitkin
from J.E. & J.L. Fitkin

Frances Cavanaugh
Marilyn Cavanaugh
from Kenneth W. Cavanaugh

Susan Slater
from Loren & Connie Ruhser

Solveig Gregory
from Larry Gregory

Jean Garthoff
from Richard A. Garthoff

Mary Nagle Dobbing
from Carol A. Nagle

Ron McCool
from William & Loretta McCool

Donald Jurgs
from Jean L. Jurgs

Andy Wymore
from Helen A. Wymore

Christopher Woods
from John & Sharon Woods

Barb Monroe
from Ron E. Monroe

Deborah Willig
from Denise R. Willig

Inez Clark
from Dale J. Clark

LaDora Wehling
from Erwin Wehling

Ernest Fleurette
from Lois J. Fleurette

Harry & Norene Hoag
from Thomas & Virginia Hoag

Wife & Daughter
from Harold Walitshek

Harold Slater
from Lois C. Slater

Herman Kuennen
from Clotiel Kuennen

Chapman & Scheckel Fam. Members
from Richard & Mary Chapman

Jim Westemeier
from Doris, Jim Jr., Jody & Dave

Orville C. Mauer
from Mary L. Mauer

Gene F. Condon
from Carmen D. Condon

Everett J. Axline
from William C. & Elizabeth A.
Tannreuther

Ethel Moquin
from Roger & Donna Nelson

Leroy Weber
from Wayne L. & Josephine Weber

Dr. Robert E. Morrison
from Elizabeth J. Morrison

Margery Maravetz
from Marvin K. Maravetz

Richard Crow
from Judith A. Crow

Pat Dunkin
from Heather Malek

Eileen Weigel
from Mary MacDonald

Mrs. Dorothy Rathe - La Porte City
from Mary Jean Hillman

Laurie Platt
from Ruth Ann Gooden

Wayne Bechthold
from Richard & Marcia Bechthold

In Honor of:

Barb Prather
Rev. Fred & Claudia Tessmer
from Yale & Barbara Kramer

Dorgas Smock
from Raymond Winters

Marcia Braley's Birthday
from Bradford Braley

Volunteers
from Audrey C. Niemann

Wayne & Sally Wilson's 60th
Wedding Anniversary
from Marilyn M. Wente
from Barbara A. Klemp
from Robert Meier
from Alton & Sharon Midthus
from Mr. & Mrs. Wendell Erpelding

Kent Brandhorst
from Elaine Brandhorst

Emily
from Cynthia & Siegfried Kehl

The Children
from Dennis Paulsen

Caren Rhoades
from Larry & Ruth Orth

Jesus Christ
from Anonymous Donor
from Terry & Shari Butz

Opal Miller
from Gene & Pat Leonhart

Lois Walitshek & Lori Bartmess
from Harold Walitshek

Kenneth Rigdon's 80th Birthday
from Kenneth Rigdon
from Wendell Erpelding

Charles G. Workman
from Jim & Marilyn Dekoster

Shirley A. Axline
from William C. & Elizabeth A.
Tannreuther

Marlys & Harlan Hughes
Kathy & Jay Agness
from Lowell & Miriam Lentzkow

Norman & Mary Lou Johnson
from Julie A. Johnson

Food Bank Employees
from Gerry & Ruth Zeck

Rev. Dr. Glenn Wilson, COM Chair
from David A. Feltman

Bernadette McCoy's 90th Birthday
from Marcella, Jay & Kelly
McCormick; Julie &
Travis Kneale, Mary Frances,
Bobby, Michael & Kathryn Wright

Loise Conklin
from Melvin Gardner
from Robert & Norma Bird

Kudos To:

- The Cedar Falls Education Association for your donation
- TC and UNI students for visiting the Food Bank and raising funds on our behalf
- Crystal Distribution for your assistance with storage this past winter
- The following county Community Foundations for funding our programs: Winneshiek, Delaware, Poweshiek, Fayette, Howard, Tama, Bremer and Buchanan
- Harmony House Greenhouse for donating flowers to decorate the Food Bank

Food Bank Calendar of Events

Back to School Project

Through Friday, July 15th, 2011

The Back to School Project provides school supplies to needy students in Black Hawk County. Last year, the project helped 2,500 students. To receive help with supplies, simply register by July 15th at the Northeast Iowa Food Bank. If you or someone you know needs help with school supplies, please register.

The project also needs donations of school supplies as well as monetary donations to continue. In addition, volunteers are needed to register students throughout the summer. For more information on how to donate, volunteer or receive school supplies, contact Ruth Orth at 319-240-7470 or at RNLComp@mchsi.com.

Hearth Fest 2011

Sunday, August 28, 2011

Hearth Fest will be held at Gateway Park in Cedar Falls on Sunday, August 28th from 2-7 p.m. The Music and Art Festival which raises money and food for the Food Bank has collected over \$11,400 and more than 1,100 pounds of food over the past 6 years.

Members of The Cedar Valley Acoustic Guitar Association and others will be performing.

Again in 2011 there will be an Arts and Crafts sale, a Fine Art silent auction, Haiku and other Poetry contests, and poster designing art projects for children. For more information, contact Sheri Huber-Otting, at 319-277-7558 or sheriho@cfu.net.

Hunger Action Month

September, 2011

September is Hunger Action Month, when we work with food banks nationwide to ask everyone in America to take action to fight hunger in their community, all month long. Hunger Action Month is your opportunity to join a movement that has a real and lasting impact on our effort to feed more Northeast Iowans and Americans than ever before. Whether it's by advocating and raising awareness, making donations, or volunteering, individuals can find the way that's right for them to make a difference during Hunger Action Month. For ideas on how to get involved, visit www.northeastiowafoodbank.org during the month of September.

Save the Date for the
Waterloo Downtown Rotary

2011 Hops and Grapes Event

Friday, August 26, 2011
6:00 – 9:00 pm at the Isle Casino Hotel
Tickets: \$35.00 per person.

Fine Wines, Specialty and Craft Beers and great food.
Proceeds benefit: Waterloo Downtown Rotary Club,
Northeast Iowa Food Bank and The Salvation Army.

Call 319-234-1440 or email waterloorotary@waterloorotary.com to get your tickets today.

Sponsorship Opportunity

The Northeast Iowa Food Bank, along with nearly 200 food banks nationwide, works hard to support the above mentioned, Hunger Action Month through a variety of tactics. Locally, the Food Bank develops and distributes reusable grocery bags as a reminder of hunger in our community. We are looking for a sponsor that will help alleviate costs incurred through promotions of the event. Sponsors will be recognized for their partnership throughout the community, as well as on the bags that are developed. For more information on sponsorship opportunities, contact Mike Lind at 319-235-0507 ext. 106 or email mlind@feedingamerica.org.