



## Mission

The mission of the Northeast Iowa Food Bank is to provide nutritious food and grocery products to nonprofit organizations and individuals in Northeast Iowa, while offering hunger education programs to the community and those in need.

## Serving the Counties of:

Allamakee  
Black Hawk  
Bremer  
Buchanan  
Butler  
Chickasaw  
Clayton  
Delaware  
Fayette  
Floyd  
Grundy  
Howard  
Mitchell  
Poweshiek  
Tama  
Winneshiek

## Vision

The Northeast Iowa Food Bank envisions a community in which hunger is alleviated and all persons have adequate access to nutritional food. We will strive to accomplish our mission so that food security is ultimately achieved for all households.

## Northeast Iowa Food Bank Breaks Ground on New Facility with Community Health Initiative Event

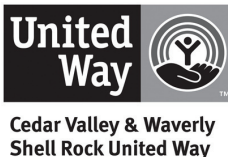
It is official. The Northeast Iowa Food Bank has broken ground on a new warehouse and distribution facility. The new building will provide food to nonprofit agencies serving an estimated 40,000 low-income people annually in a 16-county service area. The site will also house the Cedar Valley Food Pantry which serves roughly 1,200 households in Black Hawk County each month.



On Saturday, September 17th, the Food Bank in conjunction with Tyson Fresh Meats and Wheaton Franciscan Healthcare presented “Building H.O.P.E.” looking to create obesity and hunger awareness in Northeast Iowa. Aside from the ground breaking ceremony, free health screenings were offered by Wheaton Franciscan Healthcare and a free community picnic was prepared courtesy of Tyson Fresh Meats. The event also featured keynote speaker Dominique Dawes. Dawes is an Olympic Gold Medalist and co-chair of the President’s Council on Sports, Fitness and Nutrition.

“The overall theme of the event was to show the correlation between hunger and obesity. As the Northeast Iowa Food Bank looks to expand and feed more individuals in Northeast Iowa, it is also important to focus on offering nutritious, protein-dense foods to those in need. A new facility with much expanded freezer and refrigeration space will allow for access to more of these types of food items,” commented Barbara Prather, Executive Director of the Food Bank.

Thank you to all who attended and everyone who was involved in the planning of such a great program. Additionally, we would like to show our appreciation to those who have donated to the project. We are close to our goal, but still need help to make this dream a reality. To donate or learn more about the Capital Campaign project, visit [www.northeastiowafoodbank.org](http://www.northeastiowafoodbank.org).



## Staff

**Barbara Prather**  
Executive Director

**Amy Dutton**- Director of Operations

**Mike Lind**  
Director of External Relations

**Dale Richard**  
Director of Distribution

**Karen Erickson**  
Director of Programs

**Kristin Babic**  
Client Intake Specialist

**Gary Bachman**- Warehouse Driver

**Patrick Bird**- Volunteer Coordinator

**Jim Blough**- Warehouse Driver

**Verle Buck**- Warehouse

**Kathy Cantrell**- Kids Cafe Cook

**Ben Carlson**  
Agency Program Coordinator

**Jim Flood**- Warehouse Foreman

**Jenny Hall**- Development Manager

**Sheri Huber-Otting**- Food Solicitor

**Ruth Orth**- Accounting Assistant

**Caren Rhoads**- Custodian

**Jeff Roberts**- Warehouse Manager

**Alisha Rulapaugh**  
Administrative Assistant

**Audrey Sallis**- Kids Cafe Cook

**Jill Sullivan**  
Agency Shopping Coordinator

**Alicia Wedeking**  
Nutrition Educator

**Leo White**- Food Room Supervisor

**Freddie Williams**  
Agency Shopping Assistant

**Roger Wilson**  
Community Programs Coordinator

**Bill Winkler**  
Perishable Pick Up Driver

**Christie Zeien**  
Customer Service Representative

## From the Director, Barbara Prather


How do we know who needs services. We measure it by the need. Where do we get this information? We get it from the following: the Food Insecurity Rate-which is going up-this comes from the Federal Government, we talk about the number of people utilizing the services we provide-this comes from our agencies and the programs we provide, we talk about the poverty rate-again this comes from the Government, and we talk about the number of people on Food Assistance (also known as Food Stamps and/or SNAP).

By all of these indicators, the need continues to get worse. Since the late '90's the Food Insecurity rate has increased from just under 9% to almost 13% in Iowa. Food Insecurity is defined as not having access to an adequate supply of food. This past year Feeding America did a deeper dive into Food Insecurity and found some startling things. One is that 42% of people that are food insecure in our area, don't qualify for any type of government benefits. You can find more county level data at <http://feedingamerica.org/hunger-in-america/hunger-studies.aspx>

How do we, then, make inroads into making a difference in the lives of those struggling? What we do to fill the gap relies on the private sector. Only ten percent of what we do relies on government funding. The remainder comes from the private sector. Businesses, churches and individuals all coming together to make a difference in the lives of the people we serve.

From the just finished Student Food Drive which raised almost 58,000 pounds of food, to Target, Walmart, Hy-Vee, Panera Bread, ConAgra, Tyson, Nestle and many others who provide food. But also, our financial supporters and volunteers, who give of their treasure and time. All of you make a difference and fill the gap to feed people in Northeast Iowa.

The need is great-but you, the community, make the Food Bank operate. We sincerely appreciate all you do to help us provide food to many families. Just today I received a thank you from a 14 year old boy whose mother is in the hospital. He was grateful for the food box they received right before Thanksgiving. Your donations make a difference and help us meet the need of many.

On behalf of those we serve, we thank you. 

## New Donors to the Capital Campaign:

### \$10,000 and above

Waterloo Downtown Rotary Club

### \$1,000 and above

Samuel Gladden  
John & Karen Miller  
Cedar Falls Comm. Credit Union  
Regions Bank  
Douglas & Dawn Duven  
Greenwood Drug

### Up to \$999

Roberta Schroeder  
Len & Gail Froyen  
UAW Local 838  
James & Arleen Burkhardt  
Buffalo Wild Wings  
Kim & Annette Elliott  
Edward & Jeanette Loggins  
Pedersen, Dowie, Clabby & McCausland Insurance  
Robert & Kristi Regenwether

Together We  
Are Distributing  
Over 5.6 Million  
Pounds of Food

# Northeast Iowa Food Bank Receives \$180,000 in Grant Funding Through Walmart Foundation

The Northeast Iowa Food Bank has received \$100,000 from the Walmart Foundation as part of the Associate Choice Program, an online campaign where Walmart associates voted directly for a nonprofit to receive funding in their home state. The grant will be combined with a previous \$80,000 grant from Walmart, which will all be applied to the Food Bank's Capital Campaign for a new facility.



“Walmart, the Walmart Foundation and associates of Walmart have continued to show their support of our organization through daily perishable food donations, monetary gifts and volunteer efforts. This grant, coupled with another recent grant, further shows the commitment of Walmart and its representatives,” stated Barbara Prather, Executive Director of the Northeast Iowa Food Bank.

The seven-week voting program awarded \$7 million in grants to statewide organizations across the U.S. Of those funds, \$2.6 million are supporting hunger relief organizations based on votes from company associates. In May 2010, Walmart announced a \$2 billion commitment to help end hunger in America. Through the “Fighting Hunger Together” initiative, Walmart and the Walmart Foundation will give \$250 million in grants to hunger relief organizations and donate more than 1.1 billion pounds of food from Walmart stores, distribution centers and Sam’s Club locations, valued at \$1.75 billion.

“We’re pleased that Walmart associates chose to support the Northeast Iowa Food Bank,” said Houston Campbell, Market Manager for Walmart Market #415. “It’s a part of our mission to give back in the communities where we operate.”

For more information about the Northeast Iowa Food Bank and our corporate partnerships, call 319-235-0507. 

## Extreme Food Drive Collects Nearly 10,000 lbs & Almost \$2,400

This past October, ABC’s Emmy-winning hit show Extreme Makeover: Home Edition selected a Northeast Iowa family to feature on its show. Thanks to Larson Construction Co. and many volunteers in Northeast Iowa, the project was a success.

In addition to the build, Extreme Makeover: Home Edition and Larson also helped to organize a food drive to benefit the Northeast Iowa Food Bank. The drive kicked off with a pep rally at the University of Northern Iowa’s McLeod Center. The pep rally’s purpose was to motivate volunteers and the community in helping with the build. Attendees were asked to bring a nonperishable food item to the event.



The drive continued during the build as spectators were encouraged to bring food donations to the site as well. Additionally, two schools near the job site hosted food drives in conjunction with the Extreme drive all resulting in a total donation of 9,265 pounds of food and almost \$2,400.

South Winneshiek and North Fayette Schools hosted “Stuff the Bus” during the week of the build and presented the items collected to the Northeast Iowa Food Bank at halftime of the South Winneshiek High School football game on October 7th. South Winneshiek Schools collected 3,083 lbs and \$500, while North Fayette Schools raised 3,070 lbs and \$1,769.81.

Food collected during this collaborated drive will go to serve programs and food pantries in the Calmar and West Union areas, while dollars raised will go to support the Backpack Program at South Winneshiek and North Fayette schools. The Backpack Program is one of six programs administered by the Food Bank.

For more information about the Northeast Iowa Food Bank, visit [www.northeastiowafoodbank.org](http://www.northeastiowafoodbank.org). 

# How Your Donations Make a Difference

## Local Growers Look to Meet Needs of Food Bank

Throughout the summer and into the fall season, the Northeast Iowa Food Bank receives many fresh food donations from local farmers, gardeners and churches.

One of those donors has visited the Food Bank many times over the course of the past few years including several times this past summer. Late in the summer, he and a guest came with his usual produce donation and asked if they could have a tour of our facility. He explained, "I have donated fresh vegetables to the Food Bank for several years now, but have never seen your building and what you do."



A Food Bank staff member gave this small group a tour and shared information about the six programs administered by the organization and how fresh food donations go a long way in feeding over 40,000 individuals each year. Both visitors had lots of questions and wanted further information on the best times to donate and what types of produce to give. It is their plan to expand their donations in coming years and they wanted to know exactly what to plant, as most of what they grow comes straight to the Food Bank and our clients.

These individuals are unique in that their harvest is almost exclusively set aside for donation. Remember the Food Bank next spring as you plant your garden. Fresh food donations are appreciated no matter how big or small. 🌿

## Church Garden Selects Food Bank Program to Benefit from Donations

Fall is the harvest season for many local farmers and gardeners. At the Northeast Iowa Food Bank, that means that many fresh produce donations are coming in from these two sources as well as local community gardens.

At the Church of Jesus Christ of Latter Day Saints in Cedar Falls, a community garden has been created for the sole purpose of donating fresh produce to the Kids Cafe program. Items grown and donated will be shared with children who visit the five Kids Cafe sites in the Cedar Valley. Last year, Kids Cafe served over 35,000 meals and snacks to area kids.

We are very excited and thankful to the Church of Jesus Christ of Latter Day Saints for this weekly donation. 🌿

## Struggling Economy Continues to Affect Northeast Iowa

A woman recently called the Cedar Valley Food Pantry requesting food assistance. She said that last month her husband had lost his job and she was not working as well. At the end of last month, her husband's two children came to live with them and the family of four was forced to move. She stated that she is starting a job soon and has been trying to stretch things out to make ends meet, but was unable to keep up.

The woman was very embarrassed and apologetic that she had to ask for food, but she did not know anywhere else to turn. We told her that we would be able to help her right away and she was very happy to know that she could be served immediately as she had waited until there was no other choice. Upon receiving her cart full of fresh and nonperishable foods, she began to cry and was very appreciative of all that we had to offer to allow for her family to pay for other necessary financial obligations until she started her new job.

To get involved with the Northeast Iowa Food Bank, visit [www.northeastiowafoodbank.org](http://www.northeastiowafoodbank.org) or call 319-235-0507. 🌿

## Staff and Volunteers Work Together to Distribute 5.6 Million Pounds


The Northeast Iowa Food Bank has 27 full and part-time employees who, with the help of over 4,000 volunteers, work together to distribute millions of pounds of food each year. Last year, the Food Bank distributed over 5.6 million pounds of nutritious foods to 16 counties.

To administer the many programs needed to deliver this food to the needy in Northeast Iowa, the Food Bank relies on a small group of staff members who make up the Programs Department. Two staffers work to oversee five of the six programs of the Food Bank including the Member Agency Distribution Program, the Elderly Nutrition Program, the Mobile Food Pantry Program, the Backpack Program and Kids Cafe. An additional part-time staff member administers another program called Chef Charles, which brings nutrition education to senior citizens through the Elderly Nutrition Program and children at Kids Cafe. Kids Cafe also relies on two cooks to prepare over 35,000 meals and snacks for area kids yearly. The Cedar Valley Food Pantry, another program of the Food Bank, employs two full-time individuals to serve over 1,200 local households with nutritious foods each month.


The Food Bank also staffs a leadership team tasked with the oversight of the organization as a whole, organizational operations, programs, development, marketing and distribution. Additionally, support staff is needed for general accounting practices, general office needs, janitorial needs, volunteer recruitment, food solicitation and food distribution. Six of our employees work in the warehouse focusing on food inventory and delivery.

In addition to staff, volunteers are also necessary to ensure that food insecure individuals in Northeast Iowa are receiving the help that they need. Volunteers at the Northeast Iowa Food Bank are a vital part of the operation. If we did not have volunteer help, additional staff people would be needed, which would drastically increase our operating budget. Last fiscal year, over 37,000 volunteer hours were donated to the Northeast Iowa Food Bank.

The Food Bank utilizes volunteers to sort donations and assemble food sacks for the Cedar Valley Food Pantry and to help with distributions at Mobile Food Pantries. Volunteers also help to assemble backpacks for the Backpack Program and to assemble boxes for our Elderly Nutrition Program. Volunteers are also used to sort and clean salvage product we receive from donors such as grocery stores and reclaim centers. Kids Cafe benefits from volunteers that serve and assist with activities at meal sites. Lastly, volunteers assist with delivery and donation collection routes and daily operations within the warehouse.

For more information about how the Food Bank is staffed or for information about volunteering, call 319-235-0507. 

## Staff Updates

The Northeast Iowa Food Bank is pleased to announce the hiring of Dale Richard for the position of Director of Distribution. Through this role, Dale is responsible for the overall coordination, management and supervision of the warehouse operations and physical plant. This includes agency shopping, warehouse staff, fleet, equipment and building facilities. He will oversee the distribution of food through agency deliveries, program distribution and the functions of the Agency Shopping Area. Dale previously worked for Target Distribution and was part of the opening team for the perishable distribution center as a Food Distribution Logistics Group Leader. Prior to working with Target, Dale spent 19 years working for Hewlett Packard in a variety of capacities. He has lived in the area since 2009. 

**Tis the Season...**

Thank You to our  
2011 Gift Wrap Event Sponsors:



## Board of Directors

Kirsten Arnold  
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Houston Campbell  
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Reggie Schmitt  
Ron Van Der Meide  
Craig White  
Sheila Wilson  
Jon Crews, Ex Officio  
Carolyn Cole, Ex Officio



## Our Wish List clip. keep. donate.

### Elderly Nutrition Program

- canned meat (tuna, chicken)
- boxed meals
- canned fruits
- rice
- instant potatoes
- snack packs (sugar free)

### Kids Cafe

- crayons/markers
- coloring books
- poster board
- glue sticks/white glue
- disposable cups
- kid-friendly books (about food)
- tin foil

### BackPack Program

- microwaveable meal cups
- single-serve dried fruits & nuts
- peanut butter
- small pop top cans of fruits & vegetables
- single-serve canned tuna
- snack packs (sugar free)

### Northeast Iowa Food Bank

- boxed meals (Tuna Helper)
- soups
- pasta
- crackers
- peanut butter
- canned fruit
- personal care items

## Food Drives

Mariah Andrews  
Zoe Castle  
Jeannie & Rod Ryen  
Chad, Michelle & Matthew Swanson  
AAA  
Ascension Lutheran Church  
Bertch Cabinet Mfg.  
Black Hawk Area Swim Team  
Black Hawk County Abstract & Title  
Boy Scouts Wabuha District  
Breath of Life Foursquare Church  
Brownie Troop 6530 St. Joe's School  
Cedar Falls Community Credit Union  
Cedar Falls Public Library  
Cedar River Productions  
Cedar Valley Hospice Support Group  
CV Medical Specialists Administration  
Cedarloo Church of Christ  
Checker & the Bluetones  
Covenant Clinic Family Practice  
Covenant Medical Center Employee Activity Committee  
CUNA Mutual Group  
Curves  
CVAST Cranksgiving  
Dermatology Associates

Different Drummer Memorial Jam  
Family Health Chiropractic  
Girl Scout Troop 6625 at Immanuel Lutheran  
Grainger  
Gubbels One Hour Heating & AC  
Hansen Elementary School  
Hawkeye Gamers Club  
International Student Promoters  
InterVarsity Christian Fellowship  
Iowa Hospice  
Larson Construction-Extreme Food Drive  
Lou Henry Elementary School  
Messiah Lutheran Church  
MidWestOne  
Nestle USA-Beverage Division  
North Fayette Community High School  
PEO  
Petersen & Tietz Floral  
Prince of Peace Lutheran Church  
South Winnshiek High School  
Southdale Girl Scout Troop 6688  
St. John's Maxfield Church  
St. Paul's United Methodist Church  
St. Timothy Lutheran Church  
Stuff, Etc.

The CBE Group, Inc.  
Transportation Security Administration  
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UNI Accounting Club  
UNI CEEE  
UNI English Club  
UNI Entrepreneurs Club  
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UNI Lawther Hall Senate  
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UNI Panther Leadership Service Club  
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UNI Roth Hall  
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Upper Cervical Health Center  
Vanderloo Chiropractic  
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Wartburg Fellowship of Christian Athletes  
Wartburg Scholars  
Waterloo Downtown Rotary  
Waterloo Industries, Inc.  
Weight Watchers  
Weight Watchers Cedar Falls  
Westminster Presbyterian Church

## Memorials & Honorariums

### In Memory of:

Ruth Koenigsfeld  
from Louis Koenigsfeld

Dick Addington  
from Dorothy Addington

Richard Crow  
from Judith A. Crow

Ora "Pinky" Ostrander  
from James & Kristin Ostrander

Marilyn Cavanaugh  
Don Cavanaugh  
Marilyn Gill  
from Kenneth Cavanaugh

Roger Zorn  
from Richard Wasenius

Eloise Newton  
from Jessica Newton and Friends  
at Treasure Island Resort & Casino

Bob Delagardelle  
from Patricia Delagardelle

Esther Winning  
from Sandra L. Derifield

Harley Ascher  
from Sylvia Grekoff

Vivian Gardner  
from Gayle Brown

Mitch Miller  
from Marlys Miller

William (Bill) Hansen  
from Mary Haskell-Hansen

Jerry Shelley  
from Marilyn & Jim Dekoster

Patti O'Neill Hinders  
from Robert & Rose Ann O'Neill

Wife & Daughter - Lois & Lori  
from Harold Walitshek

Margaret Ingomells  
from Ward & Patricia Littrel

Dwight Slaikeu  
from Richard & Marcia Bechthold

Earl Bellis  
from Mary K. Bellis

Russell Flaskerud  
from Mary Stanhope

Laurel Whitcome  
from Scott Whitcome

Barb Monroe  
from Ron E. Monroe

Wendell & Mary Beeman  
from Allen Jedlicka & Wendy  
Brudevold

Ryan Ott  
from Bruce & Julie Ehlers  
from Mavis Sommerlot

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from Carmen D. Condon  
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from Clarence & Karon Gram

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from Richard Garthoff

Michael L. Olson  
from Beatrice Wilson

Frances Wren  
from Jerry & Barb Tietjens

Warren McElhinney  
from Cartheryn & David Irvine

Aaron Berns  
from G.F. Berns

James P. O'Hara  
from Kevin & Deborah O'Hara

Dale E. Dickson  
from Frances A. Dickson

Roger Fiscus  
Charles J. Schaefer  
from David & Linda Paar

Esther Barta  
from Russell & Nancy Wegner

Dale Bockes & Mart Bockes  
from Roger Bockes

Norma Lyon  
from Tim & Michelle Juhl

Ellen Achey Cutts  
from Ken & Patty Achey Cutts

Lavern (Tony) Gielau  
from Harold & Marilyn Wentz

Edwin Kuhlmann  
from Margaret Torrin

Florence Posekany  
from Susan & Andrea Sherwood

Robert W. Martens  
from Maxine M. Martens

Bette Bilson  
from Irvin & Molly Myron

Lottie Crain  
from Donald R. & Bettie Matthias

Jay Dunn  
from June Dunn

Yvonne Hanson  
from Yvonne Sturtz

### In Honor of:

Elizabeth Swanson's 13th Birthday  
from Chad Swanson  
from Marsha Henck  
from Philip Mauceri & Miryam  
Antunez De Mayolo  
from Jennifer Rasmussen  
from Lori Vest  
from Michael Gasser & Rowena Tan

Nora Fisher  
from Margery Turk

Christine Havens  
from Samuel Gladden

Gene & Janice Wilson  
from Joseph & Dianne Rubino

Dad's Birthday  
from Jeanine Scaturro

Hilda Fedeler's 100th Birthday  
from Marilyn Pinkley

Neal Leeper  
from Susan Runkle

Jesus Christ  
from Anonymous Donor

Kristin Stanford  
from Michael Jenkins  
from Anonymous Donor  
from Robert Jenkins

# 2011 Student Food Drive Results Reflect Goals Met

Many students from nine area schools visited the Northeast Iowa Food Bank throughout the day on Monday, November 14th to show off their hard work and deliver donated food in support of the 2011 Student Food Drive. In total, 57,967 pounds of nonperishable food was collected and donated to the Food Bank. Students from Cedar Falls High School celebrated their individual success as they exceeded their own goal of 30,000 pounds by donating 32,362 pounds of food.

Participating schools for the 2011 Student Food Drive included Cedar Falls High School, Hudson High School, Janesville High School, NU High School, Union High School, Valley Lutheran High School, Waterloo Christian School, Waterloo East High School and Waterloo West High School. Schools were divided into three divisions based on enrollment and cash rewards were given to winning schools based on pounds collected per student.

The winner of the 2011 Student Food Drive large school division was Cedar Falls High School. The winner of the medium school division was Hudson High School, while Waterloo Christian School won the small school division. As a whole, participating schools collected 12.5 pounds per student. Winning schools were honored at an Awards Party.

Thank you to Tyson, our Founding Sponsor, as well as, the following Major Sponsors of the 2011 Student Food Drive which include: Lincoln Savings Bank, U.S. Bank, Networking Solutions, the Waterloo Downtown Rotary Club, Cumulus Broadcasting, KBBG-FM, KWWL-TV, Courier Communications and Mediacom/OnMedia. Also thank you to our Supporting Sponsors which include: VGM Group, Inc., Aspro, Farmers State Bank, ConAgra Foods-Waterloo, Pioneer Graphics, Cedar Valley Hy-Vee Stores, Crossroads Center and College Square Mall.

## Food Bank Calendar of Events

### Combat Hunger

Last weekend in March

Volunteers of the Northeast Iowa Food Bank will be at the entrances of local grocery stores during the last weekend of March to help Combat Hunger by raising food and funds for the Food Bank. These volunteers will be handing out flyers with the option to add either \$1 or \$3 to your grocery bill when you check out. Volunteers will accept cash donations and food donations as well. To volunteer during Combat Hunger, contact Patrick Bird at 319-235-0507 ext. 118 or [pbird@feedingamerica.org](mailto:pbird@feedingamerica.org). And remember to Combat Hunger this March by donating at participating grocery stores.

### Feinstein Challenge

March and April

This spring, your donations to the Northeast Iowa Food Bank can be stretched even further by participating in the Feinstein Challenge. During the Feinstein Challenge, every monetary donation or pledge to the Northeast Iowa Food Bank will be proportionately matched by Mr. Alan Shawn Feinstein. Mr. Feinstein will donate up to \$1 million to hunger fighting agencies nationwide during the Challenge. Look for a letter from the Food Bank near the beginning of March and be sure to participate by making a donation during the months of March and April.

## Kudos To:

- UNI & Wartburg groups for your trick or treating efforts which brought in over 1,000 pounds of food.
- Participants of the UNite Drive which collected over 1,500 pounds.
- The Farmers' Markets for raising 14,400 pounds of fresh foods.
- Gardeners and farmers for raising more than 18,000 pounds.
- Greater Cedar Valley USBC for your annual Pancake Breakfast which benefits the Food Bank.
- Target for funding the local Meals for Minds program through Lincoln Elementary School.