Get Involved

Donate
For every $1 donated we can help provide up to 4 meals for our neighbors in northeast Iowa who are experiencing hunger. From one-time or recurring gifts to Facebook fundraisers and planned giving, we offer many ways to invest in our mission.

Volunteer
With 8 programs active in our 16 county service area, we have one of the largest selections of volunteer experiences in northeast Iowa. We can accommodate individuals and groups with opportunities that best fit their interests, needs, and schedules.

Advocate
We believe in transparency and communication, that’s why we have many ways to be found, followed, and contacted. For those interested in learning more about our mission or our work, we encourage you to connect with us in any of the following ways:

- Facebook: @neifb
- Instagram: @northeastiowafoodbank
- Twitter: @neibf
- Phone: 319-235-0507
- Website: www.northeastiowafoodbank.org
- Address: 1605 Lafayette St, Waterloo, IA 50703
# Northeast Iowa Hunger

## Experiencing Hunger
- **43,430** Food Insecure People
- **13,680** Food Insecure Children
- **11.4%** of population
- **16.2%** of children

## Closing The Meal Gap
- **7,400,000** Meals Needed
- **6,900,000** Meals Served

## Our Programs
- **BackPack Program**: 4,100 Kids Served (monthly)
- **Member Agencies**: 200 Member Agencies
- **Mobile Food Pantries**: 1,200 Households (monthly)
- **Elderly Nutrition Program**: 600 Seniors (monthly)
- **Cedar Valley Food Pantry**: 3,000 Households (monthly)
- **Kid's Cafe**: 640 Kids Served (daily)
- **Summer Feeding Program**: 25,850 Meals Served
- **Community Garden**: 2,500 Meals Grown

## What is the Meal Gap?
The Meal Gap is the total number of meals missing from the lives of food-insecure northeast Iowans. We want to close it by 2025.

- **7.4 million** missing meals

## What are we doing about it?
We deploy 8 different programs and use partnerships in 16 northeast Iowa counties to overcome hunger where it’s happening.

- **6.9 million** meals served

## Where do we work?
- Allamakee
- Black Hawk
- Bremer
- Buchanan
- Butler
- Chickasaw
- Clayton
- Delaware
- Floyd
- Grundy
- Howard
- Mitchell
- Poweshiek
- Tama
- Winneshiek

Visit [www.northeastiowafoodbank.org](http://www.northeastiowafoodbank.org) to learn more about hunger in your community.