**Mitchell County Hunger**

**Experiencing Hunger**

- 950 Food Insecure People
- 360 Food Insecure Children
- 8.9% of population
- 13.9% of children

**Closing The Meal Gap**

- 162,100 Meals Needed
- 138,804 Meals Served

**Mitchell County Programs**

- BackPack Program
- Member Agencies
- Mobile Food Pantries
- Elderly Nutrition Program

- 78 Kids (monthly)
- 10 Member Agencies
- 94 Households (monthly)
- 43 Seniors (monthly)

**Get Involved**

**Donate**

For every $1 donated we can help provide up to 4 meals for our neighbors in northeast Iowa who are experiencing hunger. From one-time or recurring gifts to Facebook fundraisers and planned giving, we offer many ways to invest in our mission.

**Volunteer**

With 8 programs active in our 16 county service area, we have one of the largest selections of volunteer experiences in northeast Iowa. We can accommodate individuals and groups with opportunities that best fit their interests, needs, and schedules.

**Advocate**

We believe in transparency and communication, that’s why we have many ways to be found, followed, and contacted. For those interested in learning more about our mission or our work, we encourage you to connect with us in any of the following ways:

- @neifb
- @northeastiowafoodbank
- @neifb
- 319-235-0507
- www.northeastiowafoodbank.org
- 1605 Lafayette St. Waterloo, IA, 50703
Northeast Iowa Hunger

Experiencing Hunger
- 43,430 Food Insecure People
- 13,680 Food Insecure Children
- 11.4% of population
- 16.2% of children

Closing The Meal Gap
- 7,400,000 Meals Needed
- 6,900,000 Meals Served

Our Programs
- BackPack Program: 4,100 Kids Served (monthly)
- Member Agencies: 200 Member Agencies
- Mobile Food Pantries: 1,200 Households (monthly)
- Elderly Nutrition Program: 600 Seniors (monthly)
- Cedar Valley Food Pantry: 3,000 Households (monthly)
- Kid’s Cafe: 640 Kids Served (daily)
- Summer Feeding Program: 25,850 Meals Served
- Community Garden: 2,500 Meals Grown

What is the Meal Gap?
The Meal Gap is the total number of meals missing from the lives of food-insecure northeast Iowans. We want to close it by 2025.
- 7.4 million missing meals

What are we doing about it?
We deploy 8 different programs and use partnerships in 16 northeast Iowa counties to overcome hunger where it’s happening.
- 6.9 million meals served

Where do we work?
- Allamakee
- Black Hawk
- Bremer
- Buchanan
- Chickasaw
- Clayton
- Delaware
- Grundy
- Howard
- Mitchell
- Poweshiek
- Tama
- Winneshiek

Visit www.northeastiowafoodbank.org to learn more about hunger in your community.